

**February 14, 2016
1st Sunday in Lent**

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| Mon Feb 15 | 1:30 pm 6:30 pm | Bible Study Rosary |
| Tues 16 | 6:30 pm 7:15 pm | MASS Liturgy Meeting |
| Wed 17 | 1:00 pm 6:30 pm 7:15 pm 7:30 to 8:30 pm | Seniors Cards Weekday MASS with Marian Devotions RCIA Confessions |
| Thur 18 | 9:00 am 9:30 am 7:00 pm | MASS Stations of the Cross 9 am Choir Practice |
| Fri 19 | 11:00 am 6:00 pm 7:00 pm | MASS at the Manor Village 6700 Hunterview Drive Lenten Soup & Bun Way of the Cross (K of C) |
| Sat 20 | 4:00 pm 4:00pm-4:30pm 5:00 pm | Choir Practice for 5 pm Mass Reconciliation MASS |
| Sun 21 | 9:00 am 11:00 am | MASS MASS |

Mass Schedule is subject to change due to Funerals or other circumstances. Our apologies for any inconvenience.

On Mondays when the office is closed,
your messages are monitored for emergencies.

Mass for World Day of the Sick

2 pm Mass Sunday, February 14th

- Seating will be set up so that there will be one pew kept empty followed by one filled pew to allow priests access in the pews to all who wish to be anointed.

2016 Envelope Boxes – now in the entrance!

If you currently do not have envelopes now and wish to have them, please request them by filling in a new Parish Registration form and tick “Request for Envelopes”

Are you being encouraged to donate to charity through your workplace? United Way Donations? :

Their Donor’s Choice Program lets you donate to us. Our charitable registration# is 107909939RR0006.

Annual Bishop’s Appeal:

We started 2016 Campaign with 373.05 without knowing our assigned goal for 2016. As of Dec. 31st, we collected 52,089.51 for 2015 and our assigned goal was 29,275.00 Well done!

We encourage you to help our parish and our contribution to the various needs in Southern Alberta and by helping us support our 2016 Annual Together in Action Appeal.

CWL Cupcake Sale - Valentine’s Day!

Held in the Fr. Trudeau Room After 5 pm Sat, Feb. 13 and on Feb. 14th, the 9 and 11 am Masses.



K of C Valentine’s Day Pancake Fundraiser

- Sun Feb. 14 after Sunday Masses at the Hall
No ticket needed – your generous donation would be most appreciated.

Lent invites all our parishioners to come and participate in our Lenten parish activities.

Heeding the call of Bishop Henry for this year’s Annual Bishop’s Appeal, let us “strive to be merciful.”

“Blessed are the merciful, for they will be shown MERCY.” Matthew 5:7

Lenten Regulations

Fasting: Ages 18-59 fast on Ash Wednesday (held Feb. 10th) and Good Friday (Mar. 25th), limiting themselves to one full meal and two smaller meals each day, with no snacking between meals.



Abstinence: Catholics age 14 and older abstain from meat on Ash Wednesday (held Feb. 10th of this year), Good Friday (March 25th this year) and all the Fridays of Lent.

Ash Wednesday & Lenten Refresher:

The Days of Lent (40) lead us to recall and renew our baptismal promises.

It is also the time when those who are preparing to be accepted into the Faith – catechumens – make their final preparations for initiation at the Easter Vigil when they are accepted into the faith through baptism and confirmation.

Lent has two major purposes:

- 1) It recalls or prepares for baptism, and
- 2) Emphasizes a spirit of penance.

Lenten penance should be external and social as well as internal and individual.

Lenten practices should be geared toward reconciling with God and others and strengthening these bonds through prayer and almsgiving.

This rite has a two-fold significance:

- 1) It reminds us of the good resolutions we made in last year’s Easter celebrations (whether we have been faithful to them or not) and
- 2) It also tells us of our origin and our destiny –

Feb. 14th: First Sunday of Lent

Temptation is neither a sin nor a sign that we are bad. Jesus was baptised and received the Holy Spirit. Next, that same Holy Spirit led him into the wilderness where he faced temptation. In baptism we have been claimed for Christ and sealed by the Holy Spirit so that we are protected by God when we enter our own wilderness. Through our baptism our power is in God and we demonstrate its strength by living in service to others.

Feb. 14th Action:

Spend time this Lent reflecting on the gift of Baptism.

As suggested in the Sun., Feb. 7th, bulletin, did you make a plan for expressing prayer, fasting, & almsgiving?

Note: Committing to a more active and more consistent prayer life will benefit you more than giving up sweets for forty days. Something new: **Prayers for Year of Mercy are available in the entrance.**

At Corpus Christi Parish, this Lenten season is more meaningful as we celebrate the Year of Mercy as a Pilgrimage Site.

40 Days for Life for Lent

7 am to 7 pm Prayers held across from the Kensington Abortion Clinic, 2431-5 Ave SW. Become better informed on the evils of abortion and how to have a persuasive discussion by viewing:

- Fr. Jerome’s talk <https://vimeo.com/151991676> or
- Fr. Cristino’s talk <https://vimeo.com/80456592>

COLDEST NIGHT OF THE YEAR

SAT., FEB. 20 REGISTER 4:00 PM WALK 5 PM

Family friendly walking event. **Volunteer, walk or sponsor the event** to benefit these three agencies working hard to serve our brothers and sisters experiencing homelessness and poverty.

<https://coldestnightoftheyear.org/location/calgary> to sign up or contact Samantha Jones, Location Director. 403-215-5531 or samantha.jones@calgarydiocese.ca

**Year of Mercy Spiritual Works
"Way of the Cross"
Join us at 7 pm**

Big Thank You to our Leaders for Lenten Fridays

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| Feb 19 | Knights of Columbus |
| Feb 26 | R.C.I.A. |
| Mar 4 | Young Adult Proclaimers |
| Mar 11 | Catholic Women's League |
| Mar 18 | Liturgy Committee Finance Committee & Pastoral Council |

Confirmation Candidates 2016

- Way of the Cross Participants
- Every Friday during Lent
- Arrive by 6:40 pm for instructions
- Wear your Confirmation T-Shirt

**Come to Lenten Soup & Bun: 6 pm
Right before the Friday Way of the Cross**

- Every Friday during Lent 6 pm. to 6:45 pm in the Corpus Christi Café! (aka the Fr. Trudeau Room where we have coffee at Mass)
- Enjoy our homemade soup! (supervised by our chef, made with loving hands & much enthusiasm in a licensed premises.)
- This yummy Fundraiser for the Knights of Columbus is supported by your kind donation when you join us for Our Delicious Gourmet Lenten Soup and a Bun.
- The K of C strive to do good works with your contributions so please support this fundraiser. Socialize with each other; bring your friends & family!

Lenten Penitential Services 2016

All at 7:30 pm

Reconciliation will be available at parishes throughout the Diocese all the **Wednesdays of Lent (starting February 17)** from 7:30 – 8:30 pm.

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| Tues. Feb. 16 | St. Peter's Parish |
| Thurs. Feb. 18 | St. Luke's Parish |
| Thurs. Feb. 25 | Ascension Parish |
| Thurs. March 3 | St. Paul Parish, Airdrie |
| Tues. March 8 | St. Joseph's |
| Tues. March 8 | St. Pius X |
| Thurs. March 10 | St. Agnes, Carstairs |
| Tuesday, Mar. 15 | Corpus Christi Parish |
| Wed., Mar. 16 | St. Mary's, Cochrane |
| Thurs., Mar. 17 | Cdn. Martyrs |
| Every Wed. 7:30 pm-8:30 pm during Lent | Our Lady of the Rockies, Canmore and St. Mary's, Banff |

"Sample" Year of Mercy Projects To Date

Make a Pledge in the Wall of Mercy:

This is located by the Divine Mercy Painting

What will you do to make the world a better place???

Acts of Spiritual or Corporal Works of Mercy:

You can make your promise meaningful, if you personally perform one or more of these actions. Bright pieces of paper are placed in a basket on a stand in the entrance to enable you to write your pledge. Roll it up, tape it and put it in the wall by the picture of Divine Mercy.

Want to Make a Really Big Difference?

1) A Coordinator is desperately needed to help our Society of St. Vincent de Paul function. email pamrath@shaw.ca or contact the parish office.

2) Anyone wish to help as an Act of Mercy? More Hamper Delivery People Needed for this Residential Area: Call the Parish Office, or contact Rod Lodermeier rodcldod@outlook.comor Ascension Parish or email pamrath@shaw.ca (Good choice to make a Year of Mercy pledge!)

3) SVDP Need: parishioner who is in need of a crib or even a small bassinets. She is due in March. pamrath@shaw.ca

SVDP Food Drive until March: Food collected for our Society of St. Vincent de Paul! placed in the designated box in the Fr. Trudeau Room. Or mark an envelope "Food Drive" for the Sunday Offertory Collection.

Thanks to all who Are Helping Others through the Society of St. Vincent de Paul.

Declarations of Nullity for Marriage Cases

"The Annulment Process is a part of the Church's healing ministry." Pope Francis has significantly altered the process with two formal documents. He states that he is not promoting the nullity of marriages, but the quickness of the process, as well as a correct simplicity.

During the Extraordinary Jubilee of Mercy (Dec. 8 2015 to Nov. 20, 2016), fees normally requested with applications and declarations will be waived. (Of course, fixed costs remain as a part of the process; therefore donations are received with gratitude.)

Need an Annulment? Call the parish and make an appt. to see Father to get you started!
Read pg 11. Carillon, Feb/16

"A Time for Healing ...The Annulment Process"
Fr. Anthony Pudota, Judicial Vicar, **Calgary Diocese Tribunal**

DECLARATION ON EUTHANASIA & ASSISTED SUICIDE

Assisted Suicide and Euthanasia raises questions that go to the very core of our understanding of who we are, the meaning of life & the duty of care we owe to each other.

Read the declaration on Euthanasia and Assisted Suicide as proposed by the Canadian Conference of Catholic Bishops and the Evangelical Fellowship of Canada.

If you support this DECLARATION and would like to add your signature, please do so using the following link:

English - <http://www.euthanasiadeclaration.ca/sign-the-declaration/>
French - <http://www.euthanasiadeclaration.ca/fr-signer-la-declaration/>

St. Angela School Reunion 1964 to 1969

- Fri. April 15 7 pm to 11 pm. Calgary Winter Club
- Tickets: Joanne Cosenza (nee DeMarco)
- cosenza@shaw.ca Loui Miotti altomio@yahoo.ca

Easter Flowers/ Plants

To honour someone you know or the memory of a loved one, make a donation towards our Easter Flowers. Easter flowers have been ordered. If you would like to help, special envelopes are available in the narthex of the church (foyer).



Simply enter the name of the person you are honouring on the envelope, along with your donation. Your loved ones name will be published in the bulletin or on a poster on the bulletin board. Don't forget to put your name on the other side!

Please PRINT. Deadline: March 13, 2016

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| With love & respect from: | To honour |
| Alexis SZOTT | Rudolph Szott |