

The punishment that brought



us peace was upon Him.
ISAIAH 53:5

Holy Week, Triduum & Easter

Through his Paschal Mystery, the Lord Jesus redeemed the human race and gave perfect glory to the Father. By dying, Christ destroyed our death; by rising, he restored our life. For this reason, the Easter Triduum, when we celebrate the suffering, Death and Resurrection of our Lord, is the high point of the Liturgical Year. The Easter Solemnity is to the year what Sunday is to the week. (ORDO)

2023 Planner

During Lent, Sacrament of Reconciliation	By appointment & Saturdays	4:00 pm – 4:30 pm
Regularly Scheduled Sacrament of Reconciliation	All Saturdays, EXCEPT for the Saturday (April 08) before Easter Sunday	4:00 pm-4:30 pm
Way of the Cross	Lenten Fridays	9:30 am /self-directed
Way of the Cross	Lenten Fridays	7:00 pm
Passion (Palm) Sunday	Saturday April 1 Sunday April 2	5:00 pm Mass 9:00 am & 11:00 am Masses

Holy Week Schedule at Corpus Christi Parish

Tuesday of Holy Week	April 4	9:00 am Mass
Wednesday of Holy Week	April 5	6:00 pm Mass
Holy Thursday of Holy Week	April 6	7:00 pm (no 9:00 am Mass today)
Altar of Repose		After the 7 pm Mass – 9 pm
Way of the Cross	Good Friday	12 Noon – 3 pm /self-directed *Church access from 10 am
Good Friday Service	April 7	3:00 pm (no 9:00 am Mass today)
Holy Saturday, Easter Vigil	April 8	6:00 pm (no 5:00 pm Mass today)
Easter Sunday	April 9	9:00 am and 11:00 am Masses

Parking Request: Please do not park directly in front of the main doors (as that is our emergency vehicle access & access for those with walkers or wheelchairs) Please be respectful and do not park at the Mall/Shoppers Drug Mart.

Parking Suggestions: Parking available in the lot directly behind the church.
Large Parking lot available at the Parish Hall (5931-4th St N.W.) located across the street & one block North - white building – flat roof.
Parking all along south side of Northmount Drive N.W.

Thank you for helping us to be “a good neighbour.”

Traditional Lenten Disciplines

Fasting and abstinence:

- Catholics of age 14 and older, abstain from meat on Ash Wednesday, Good Friday and all Fridays of Lent.
- In addition, on Ash Wednesday and Good Friday, Catholics from age 18 to 59 fast, limiting themselves to one full meal and 2 smaller meals, each day.

Prayer:

- Catholics are encouraged to pray more often during Lent, especially with Scripture.
- Lent is an ideal time to receive the sacrament of Reconciliation, in preparation for the celebration of Christ's passion, death and resurrection.

Almsgiving:

- Moved by the sacrifice of Christ, many Christians combine almsgiving with fasting; giving to the poor, money saved by eating, drinking or buying less, as they rely more upon God's abundant grace.